



30 DAY PRACTICE CHALLENGE

Tools of the Trade

JANUARY, 2026 | harpcolumn.com/practicechallenge

	DAY	MINUTES PRACTICED	WHAT I PRACTICED	TAKEAWAYS
FOUNDATION	1			
	2			
	3			
	4			
	5			
	6			
	7			
TECHNICAL	8			
	9			
	10			
	11			
	12			
	13			
	14			
MUSICAL	15			
	16			
	17			
	18			
	19			
	20			
	21			
PERFORMANCE	22			
	23			
	24			
	25			
	26			
	27			
	28			
	29			
	30			